



Sarah Haydel, MD
1026 School Street
Houma, LA 70360
(985) 223-3871

MICRO LASER PEEL/PROFRACTIONAL **PRE-OPERATIVE INSTRUCTIONS**

- **DO NOT** use moisturizers the night before and the day of your treatment.
- Avoid using irritating medications or cosmetics for one week prior to your treatment. Examples of these types of products include: Retin-A, Tazorac, Retinol, benzoyl peroxide, glycolic acids and astringents.
- Avoid direct sun exposure and use of tanning booths two weeks prior to your treatment. If you must be outdoors, use sun protection with a minimum SPF30. This will help prevent unwanted side effects of the laser treatment, such as discoloration of the skin in the treated area.
- Avoid the use of artificial tanning creams for one week prior to your treatment.
- It is best if you arrive with a clean, dry face for treatment. If this is not possible, we have supplies that you may use to cleanse your face prior to treatment.
- There are **NO GUARANTEED RESULTS** from this treatment and each case is individual.
- **THREE** treatments are required to obtain the desired results.
- **TRY NOT TO DRINK ANY FLUIDS TWO HOURS PRIOR TO PROCEDURE.**
- **IF YOU ARE A SMOKER, AVOID SMOKING FOR AT LEAST ONE WEEK BEFORE THE PROCEDURE.**